



Yummy in my Tummy wins GOLD! Canadian DVD wins second major parenting award

March 13, 2007, Montreal, QC: *Yummy in my Tummy! : Healthy Eating Habits for Life*, the comprehensive DVD on introducing solid foods and toddler nutrition has won the Gold Award in the coveted parenting resources category at the 2007 National Parenting Publications Awards (NAPPA) in Boston, Massachusetts.

With obesity rates among children at all-time highs, this step-by-step DVD helps parents instill a love of healthy, nutritious foods from baby's first bite.

The DVD features expert medical and nutritional advice, easy recipes and handy tips from Lianne Castelino and Andrea Howick, moms and founders of *The Liandrea Company*, dedicated to producing quality how-to parenting DVDs.

Now in its 16th year, NAPPA is the most comprehensive awards program for Children's Products and Parenting Resources, with an independent panel of judges who are experts judging the entries. They evaluate hundreds of products to help parents make the best purchasing choices for their families.

Yummy in my Tummy is also recipient of the *National Parenting Center's Seal of Approval*. It is the second title for The Liandrea Company which has also produced *Bringing Baby Home*, winner of a *Parents' Choice Approved Award*.

More details at: www.liandrea.com

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